

Reiki Training FAQ

How many class contact/face-to-face hours are there?

14 hours over 2 days, with lifetime access to audio and video content

Are there any additional hours required to be put in?

Practice hours, to build knowledge and confidence is essential after your training, this can be done with friends and family at your own pace.

Do you provide a manual?

Yes, this provides you will all the information needed

Do you have to do case studies (i.e. treatments), and if so how many?

A minimum of 6 case studies for needed for Reiki II, for certification. This can be friends and family or with your peers

Are you insured?

Yes, all my work is fully insured.

How long have you been practising Reiki?

I became a Reiki Master in 2005 and have been practicing and teaching since then.

Where are your classes held and is there parking nearby?

They are held in Aberdeen, parking is available nearby

Are you a member of a professional Reiki organisation, if so which one?

Yes, I am a member of the Reiki Association

Are there any things which I will need to purchase prior to training?

No, I have a recommended reading list but this not essential

What are the requirements if any, for certification at the end of the course?

Certification is given upon completion of the full weekend for Reiki I, and for Reiki II when all 6 case studies are complete and full attendance to the weekend.

What style of Reiki do you teach?

Usui Reiki